

# Plating Guide - Blueberry Mint Tea

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## Ingredients (keep cold):

- Blueberry mint tea
- Blueberries
- Mint



## Serving Ideas:

1. In a chilled glass add mixture.
2. Garnish with fresh blueberries and mint.



\* Raw juice is highly perishable. Consume within 72 hours of the 'pressed-on' date. Always refrigerate. Unpasteurized juices may contain harmful bacteria that can cause serious illness in children, the elderly, & persons with weakened immune systems. Always consult a physician if you need help determining whether raw juice is appropriate for you.