## AIR CULINAIRE Worldwide

## The London Lifestyle Menu 2023-2024

Table of Contents
Breakfast \& Afternoon Tea ..... 1
Shareables ..... 2
Canapes ..... 3
To Start your Journey ..... 5
Street Food ..... 9
Gastropub ..... 7
Multi-Cultural ..... 9
Fine Dining ..... 11
Energetic ..... 13
Desserts ..... 15

## Breakfast

american<br>buttermilk pancakes, crispy smoked bacon, \& scrambled eggs allergens: eggs, gluten, e dairy

## continental

selection of soft english cheese, suffolk charcuterie, and french viennoiseries served with butter \& preserves allergens: dairy, eggs, \& gluten
healthy living
smashed avocado on sourdough toast, bircher muesli
allergens: gluten \& dairy
british
cumberland sausages, smoked bacon, free-range eggs, $\&$ sea salt baked tomato allergens: gluten, eggs, e milk

## Afternoon Tea

## a selection of traditional tea sandwiches

salmon $\&$ cream cheese, beef $\&$ horseradish, egg $\&$ cress, cucumber $\&$ cream cheese, prawn in marie rose. cakes $\& \in$ fancies, 2 scones, clotted cream $\&$ preserves allergens: gluten, dairy, egss, fish, celery o nuts


## Shareable

## a selection of british \& irish cheeses

ranging from wooky-hole cheddar to perl las blue. served alongside candied walnuts, apricot chutney, celery, grapes, and a selection of artisan breads $\&$ crackers allergens: dairy, gluten, sulphites, nuts, sesame, mustard

## ploughmans board

british charcuterie, british cheeses, pickles, caperberries, grilled sourdough

## fruit platter

an eclectic mix of exotic fruits and berries
allergens: sulphites

## executive sandwich platter

a selection of deep filled sandwiches using different breads \& rolls with the chef's choice of fillings
-can be tailored to your own taste
allergens: gluten, dairy, eggs, fish, crustaceans, © mustard

## traditional sandwich platter

traditional tee sandwiches with 4 different breads with the chef's choice of fillings

- can be tailored to your own taste
allergens: gluten, dairy, egss, fish, crustaceans, © mustard


## seafood platter

seasonal seafood, smoked salmon, samphire \& traditional condiments


## Canapés

chef's choice of seasonal and responsibly sourced canapés
*we recommend 5 per portion



## To Start your Journey

french onion soup with traditional garnish<br>allergens: sulphites, gluten, \& dairy<br>\section*{british smoked salmon}<br>allergens: , dairy, \& sulphites

## ham hock terrine

served with tomato chutney, and brioche allergens: mustard, eggs, gluten er sulphites

## roast duck breast red currants \& radicchio ribbons allergens: sulphites



## truffle \& parmesan pomme dauphines

served with truffle and saffron aioli
allergens: dairy, gluten, e egg

## beef \& crumpets

allergens: gluten, dairy, eggs, mustard e celery


## british smoked salmon

served with poached rhubarb, dill cream cheese $\&$ traditional condiments
allergens: fish, dairy, er sulphites

Inspired by the vast street food scene of London including Camden market, Spitalfields and Borough just to name a few. This has become a market style that has transformed London's food scene and created a food tourism market that is innovative and forever changing. It is sure to excite any 'foodie' that visits any one of these markets or pop up stalls with all the mouthwatering smells and flavours from hundreds of cultures.

Enjoy!

## Street Food

## 8 hour braised BBQ pulled pork shoulder

with sesame \& red cabbage slaw served on a buttery charred brioche bun allergens: gluten (wheat), egg, celery, é sesame

## traditional greek gyros

chicken, beef or lamb
allergens: gluten, dairy, sulphites, é celery

## steamed bun, chicken pad thail teriyaki beef

allergens: gluten, eggs, nuts (peanuts), sulphites, soy, e sesame


## 'philly cheesesteak sandwich'

28 day aged sirloin tossed together with caramelized onions, red peppers topped with
provolone cheese, and american mustard allergens: gluten (wheat), mustard © milk

## goujons \& wings

buttermilk breaded chicken breast goujons, buffalo chicken wings glazed with hot sauce served alongside crudités and stilton sauce allergens: gluten, dairy e eggs


[^0]
## Gastropub



## citrus marinated corn fed chicken breast

herb crushed new potatoes, heirloom tomato, parsley salad \& green oil allergens: sulphites er milk

## traditional british fish \& chips

hand-cut chips, pea \& mint puree, dill, \& traditional tartar sauce
allergens: gluten, milk, eggs, sulphites, \& f fish

## shepherds pie

braised lamb shank; mash, \& mint gravy

allergens: mustard, gluten, milk, \& celery

## veal blanquette

braised veal shoulder with pearl onions, and carrots braised to create a blond broth served with your choice of starch
allergens: celery, gluten, sulphites, dairy \& mustard

## ACW dirty burger

prime chuck \& brisket patty, 2 onion rings, maple roasted bacon \& bbq sauce served in a sesame seed brioche bun
allergens: gluten, dairy, egg ev celery


## Multi-Cultural

## chilli beef stir fry

spiced strips of beef tossed together with soy-glazed egg noodles
allergens: egg, gluten, dairy, ev soya

## coconut red lentil dahl

served with pilau rice \& naan bread
allergens: gluten, mustard, \& celery

## jerk chicken, rice \& peas

allergens: celery, mustard, \& sulphites

## hot middle eastern mezze

lamb kibbeh, cheese \& spinach sambusek, fatayah, falafel served alongside spiced rice, tabbouleh salad $\&$ hummus
allergens: gluten, sulphites, sesame, dairy, eggs, nuts, e celery


London is home to over 70 establishments and eateries that hold the coveted Star, two Star, or for the very few, three Star restaurants. Once upon a time, only the very centre of London's West End had the prestigious award; however, the whole of London is now becoming a fine dining hub.

This section is a dedication to the many fine eateries in the Capital.

## Fine Dining


almond crusted sea bream
with shaved fennel $\&$ heirloom
tomato
allergens: fish, celery, sulphites, © dairy
sous vide fillet of beef
potato fondant, grelot puree, caramelized shallot, \& mustard jus allergens: dairy, celery, mustard, \& sulphites
pave of pan seared duck breast
braised leg, schmeji mushrooms, potato, $\&$ hoisin jus
allergens: celery, © sulphites

## braised pork belly

 with baked apple, celeriac puree \& pork skin allergens: dairy, sulphites, \& celery
## roasted lamb loin

salsify, wild mushrooms, \&
cauliflower puree
allergens: celery e dairy

## bubble \& squeak risotto

served with crispy hen egg
$\&$ asparagus allergens: gluten, dairy, e egg


## Energetic

## fillet of hake

beetroot \& radish salad
allergens: fish, dairy, sulphites, \& mustard

## bulgar wheat salad

served with pomegranate, $\&$ spring onion allergens: gluten e sulphites

## superfood salad

topped with chickpeas, feta, and pumpkin seeds allergens: sulphites, celery, lupins, © nuts

## tuna nicoise salad

allergens: fish, sulphites, sesame, © eggs

## seared mackerel

served with brown rice kedgeree allergens: fish, mustard, celery, gluten, é eggs

## chargrilled romanescu salad

grilled romanescu cauliflower, almonds \& salted onions allergens: nuts (almonds)


[^1]

## Desserts

traditional bread \& butter pudding
served with warm crème anglaise
allergens: gluten, dairy e eggs

## rice pudding arancini

with rosewater, pistachio, hazelnut allergens: nuts, dairy, gluten © eggs
new york cheesecake with pistachio
allergens: nuts, dairy $\&$ gluten
tonka bean eton mess
allergens: egge dairy

## basil pannacotta

granola, raspberry puree, basil oil, and a macaroon
allergens: dairy, nuts © gluten


To Order: +441582417475 - london@airculinaire.com - www.airculinaireworldwide.com

[^2]
[^0]:    *We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat, and others) as we use shared equipment to store, prepare and serve them. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

[^1]:    *We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat, and others) as we use shared equipment to store, prepare and serve them. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

[^2]:    *We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat, and others) as we use shared equipment to store, prepare and serve them. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

